



Camper Medication Guidelines

Dear Families,

It is time for camp! To ensure a safe experience for everyone, please review these important medication guidelines from your TMBC Nurse.

Over-the-Counter Medications:

The camp nurse stocks a variety of state-approved medications for both children and adults, including Tylenol, Advil, Benadryl, Tums, Pepto Bismol, Claritin, Zyrtec, and Neosporin. Because these are readily available, campers do not need to bring their own supply of these items.

Prescription Medication Policy:

All medications brought to camp must be checked in with the nurse and kept in a locked cabinet. Campers are not permitted to keep any medication in their cabins.

To comply with licensing and safety regulations, please follow these requirements for prescription medications:

- All prescriptions must be specified by a physician and documented on the camper's physical form.
- Medications must be provided in their original prescription bottles, clearly labeled with the camper's name, date of birth, medication name, and dosage.
- The nurse cannot administer any unmarked pills or medications sent in unlabeled containers.

Vitamins and Supplements

Vitamins and supplements are not regulated by the state and may be kept by the camper in their cabin.

We look forward to taking care of your campers this summer. Thank you for your cooperation!

Best regards,

Emily Stone, **TMBC Nurse**